

## REST ON US

### Verse 1

As the Spirit was moving  
over the water  
Spirit come move over us  
Come rest on us  
come rest on us

### Chorus

Come down Spirit  
when You move  
You make my heart pound  
When You fill the room  
You're here and I know  
You are moving  
I'm here and I know  
You will fill me

### Verse 2

Fire and wind come  
and do it again  
Open up the gates  
let Heaven on in  
Come rest on us  
come rest on us

### Bridge

Holy Spirit  
Come rest on us  
You're all we want  
You're all we want

## RUN TO THE FATHER

### Verse 1

I've carried a burden for too  
long on my own  
I wasn't created to bear it alone  
I hear Your invitation  
to let it all go  
I see it now I'm laying it down  
And I know that I need You

### Chorus

I run to the Father  
I fall into grace  
I'm done with the hiding  
No reason to wait  
My heart needs (found)  
a surgeon  
My soul needs (found) a friend  
So I'll run to the Father  
Again and again  
And again and again

### Interlude

Oh oh oh

### Verse 2

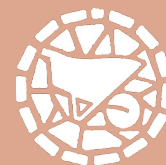
You saw my condition  
Had a plan from the start  
Your Son for redemption  
The price for my heart  
I don't have a context  
For that kind of love  
I don't understand  
I can't comprehend  
All I know is I need You

### Interlude

Oh oh  
Again and again  
And again and again  
Oh oh oh  
(Again and again)

### Bridge

My heart has been  
in Your sights  
Long before my first breath  
Running into Your arms  
Is running to life from death  
I feel this rush deep  
in my chest  
Your mercy is calling out  
Just as I am You pull me in  
And I know I need You now



Kingdom  
Builders

## I WANNA HOLD YOUR HAND

OCTOBER 2022 GATHERING NOTES



## The Balance Beam

**Jesus is not surprised when we lose our balance and fall into sin.  
It's in these moments where He desires most to hold our hand.**

*“My steps have been steadfast in Your paths, my feet have not faltered.”  
Psalm 17:5 (from the Responsorial Psalm 11/6/22)*

*“The Lord stood by me and gave me strength . . . The Lord will rescue me  
from every evil threat and will bring me safe to His heavenly kingdom.”  
2 Timothy 4:17-18 (from the 2nd Reading 10/23/22)*

*“The Lord lifts up all who are falling.”  
Psalm 145:14 (from the Responsorial Psalm 10/30/22)*

*“The Lord is gracious and merciful, slow to anger and of great kindness.  
The Lord is good to all and compassionate toward all His works.”  
Psalms ~ Ps 145: 8-9 (from the Responsorial Psalm 10/30/22)*

*To be childlike “is not to become discouraged at one’s faults.”  
St. Therese of Lisieux*

*“[Jesus] rejoiced in the Holy Spirit and said, ‘I give You praise, Father, Lord of heaven and earth, for although You have hidden these things from the wise and the learned You have revealed them to the childlike.’”  
Luke 10:21 (from the Gospel 10/1/22)*

*“For the Son of Man has come to seek and to save what was lost.”  
Luke 19:10 (from the Gospel 10/30/22)*

*“I understand very well why St. Peter fell. Poor Peter, he was relying upon himself instead of relying only upon God’s strength.”  
St. Therese of Lisieux*

*“The prayer of the lowly pierces the clouds; it does not rest till it reaches its goal.” Sirach 35:21 (from the 1st Reading 10/23/22)*

*“Unless you turn and become like children, you will not enter the kingdom of heaven.” Matthew 18:3*

### Childlike Holy Spirit

The Holy Spirit is childlike and He invites us to embrace Him and these qualities.

*“Your plans, your projects, your dreams have to always be bigger than you, so God has room to operate . . . Nothing is too much for the Lord to do.”  
Mother Angelica*

*A little child “does not persist in wrath.” St. Jerome*

*“If you judge people, you have no time to love them.”  
Saint Mother Teresa of Calcutta*

*“It’s easier to find laborers to work than children to play. And I desire children.”  
God to Sister Marie of the Trinity*

*“With trumpets and the sound of the horn sing joyfully before the King, the LORD.”  
Psalm 98:6 (from the Responsorial Psalm 11/13/22)*

### Power of a Father’s Love

Our souls are moved by fathers who are loving, involved, and sacrificial. God invites us to claim Him as the perfect Father we have sought our entire lives.

*“One cannot love without suffering or suffer without loving.”  
St. Gianna Beretta Molla*

*“But the Lord is faithful; He will strengthen you and guard you from the evil one.”  
2 Thessalonians 3:3 (from the 2nd Reading 11/6/22)*

*“You love all things that are and loathe nothing that You have made; for what You hated, You would not have fashioned . . . You spare all things, because they are Yours, O Lord and lover of souls, for Your imperishable spirit is in all things!  
Wisdom 11:24, 26; 12:1 (from the 1st Reading 10/30/22)*

*“Let nothing disturb you, Let nothing frighten you . . . Whoever has God lacks nothing; God alone suffices.” St. Teresa of Avila*

*“May today there be peace within. May you trust God that you are exactly where you are meant to be . . . May you be content knowing you are a child of God. Let this presence settle into your bones, and allow your soul the freedom to sing, dance, praise and love. It is there for each and every one of us.” Minnie Louise Haskins*

### TONIGHT’S TAKEAWAY

The dates of all Gatherings at all Host Parishes can be found on our website.

[www.BuildingThroughHim.com](http://www.BuildingThroughHim.com)

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